

# 2024 CAMP XL PARENT HANDBOOK



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## **MISSION & GOALS**

**Mission** Everyone at XL Sports World works hard to provide the best sports experience in all of our programs. Our Camp XL is no exception. Our common goal is to enhance a love of sports through a variety of games, excellent coaching, encouragement, and a fun atmosphere.

## **CAMP OBJECTIVES**

1. To have a safe camp experience.
2. To enhance campers' social skills through group interaction, leadership opportunities, and teamwork.
3. To increase campers' health and well-being through active participation in games, sports, and other creative activities.
4. To build campers' character through positive values, peer engagement, interaction with adult role models, and diverse, instructive activities.
5. To have fun!

## **STAFFING AND TRAINING**

Camp staff members are hand-selected from a diverse pool of applicants who are carefully screened and evaluated by XL professionals. Qualified applicants are hired based on leadership abilities, experience working with children, character, and enthusiasm.

## **PAYMENT AND REGISTRATION POLICIES**

### **Payment Policy for Camp**

Payment is required in full at the time of registration. If payment is not made when camp days are picked, your child will not be registered for that day. **We ask that payment and registration be completed before the close of business on the Thursday before the week of camp that your child will be attending.** This is so we can have enough staff scheduled for the following week. Registrations on Friday and over the weekend are still welcome, any registrations done at the counter on the day of will be charged a \$5 fee. If you plan to register at the facility, please allow the time to do so. Your camper will not be permitted to participate in camp activities without proper registration and payment.

### **Payment Policy for Lunch**

Lunches can be paid for with a Camper Tab Sheet. Tab sheets should be filled out in the morning and are good for the week. **Tab Sheets should be filled out weekly.** Tab sheets can also be used for purchasing snacks.

### **Payment Policy for Field Trips**

For any optional field trips scheduled, there will be an additional per-child fee. Field trip registration needs to be completed **1 week prior to the trip.** Field trip fees are non-refundable past the final registration date.

\*Please note: unless otherwise specified, have your child pack lunch on the field trip days since we may not be back at the building at lunchtime. Some trips *may* include lunch.

Campers will receive a field trip shirt at no cost on their first trip. They must wear this shirt for every trip they attend. Extra shirts are \$15.

### **Cancellation/Refund Policy**

Camp fees and deposits are **NOT** refundable. In case of illness or physical inability, a doctor's note is required, and a refund will remain at the discretion of the Camp Director. Camp days can be transferred to a different day during the summer if needed. Please reach out to Ana Stevens for transfers ([ana@xlsportsworld.com](mailto:ana@xlsportsworld.com)).

## PREPARING FOR CAMP

### What to Bring

All items should fit into a backpack, (labeled with the campers' name).

Campers should bring:

- *Lunch (non-perishable and ready to eat) or money to purchase lunch.*
- *Refillable water bottle with the camper's name clearly written on it.*
- *Afternoon snack or money to purchase one.*
  - *Campers are allowed to purchase snacks or drinks after 1 p.m. during lunch and at afternoon snack time.*
  - *XL will provide a morning snack, these usually are either goldfish, pretzels, animal crackers, graham crackers, etc. If your child may not like one or more of these items, they should pack extra snacks.*
- *Change of clothes when/if necessary*

### What to NOT Bring

Camp is an interactive setting designed to serve as a retreat from amenities and build relationships with other campers and positive adult role models. **Portable music devices, electronic games, cell phones, valuables, Beyblades, cards, etc. should be left at home.** Campers will not be allowed to use cell phones unless a staff approves it for emergencies. Campers who choose to bring their phone will be asked to leave it in their backpack for the day. If campers are being disruptive with digital devices or other personal items brought from home, XL Staff reserves the right to keep them in the office until pick up. *Campers can use XL Sports World's phone for emergencies.*

### What to Wear

- Shorts or comfortable athletic pants
- T-shirt or something that your child can play in
- Closed-toe shoes (No flip flops, no Crocs, no cleats)
- Field trip days, campers should wear the XL camp T-shirt

### What NOT to Wear

- *Jeans*
- *Expensive clothing or jewelry*
- *Open-toe shoes, flip-flops, crocs, or shoes with wheels*
- *Items that promote tobacco, alcohol, or vulgar slogans*
- *Crop tops*

### Lost Articles

XL Indoor Sports Center is NOT responsible for items lost or stolen from the premises, parking lot or activity areas. We strongly advise against your child bringing items with high monetary or sentimental value. Please check your child's belongings before leaving the facility to identify any lost or missing items. We do have a designated lost and found area, however, unclaimed items will only remain there for a limited time before it is donated to charity.

## **DROP OFF/PICKUP PROCEDURES**

### **Full Day or Morning Half Day (9am) Drop Off**

You may drop off as early as 8:45 am for Full Day or Morning Half Day camp. Enter through the front doors, and check-in will be at the front counter. Campers must be signed in every morning. You do not need to present a photo ID when dropping off. You will be asked to list the person responsible for pick up (Once you have added an adult, they will be required to present an ID at pick up and will be on the authorized pick up until requested to be removed).

### **Full Day (4pm) or Morning Half Day (12:30pm) Pick Up**

Check-out will be at the front counter. A staff member will radio for your camper to come off the field and collect their belongings to leave. Campers should be picked up by 12:30pm for half day and by 4pm for full day. If you are going to be late, please call. Please note, for each 10 minutes past 4:00 an additional \$5.00 fee will be assessed. Payment must be made before leaving.

### **Extended Drop off and Pick up (7:30-5:30)**

Extended day drop off begins at 7:30AM, we will not be accepting any children in the facility until then as our staff uses this time to prepare for the day.

Extended pick up is until 5:30. Campers will move to the camp room at 4:45, check out will then be in the camp room until 5:30. Camp room is located down the hallway to the left behind field 1. Please note, for each 10 minutes past 5:30 an additional \$5.00 fee will be assessed. Payment must be made before leaving.

**Pick up procedure:** Whomever is picking up your child must present a photo ID and be on the authorized pick up list on Day Smart Recreation. Should an authorized person arrive to pick up a child and there is any reason to suspect that the person is under the influence of drugs/alcohol or appears to be of a mindset that presents a danger to the child we reserve the right to withhold the child from being released and may have no recourse but that of contacting the police.

# **MEDICATION POLICY**

## **Health and Safety**

XL Sports World does not have medical professionals on duty; therefore, we will not administer medication without written permission from the parent or legal guardian. If your child requires medication during program hours, the following will be required:

*The person registering the child must supply all necessary medication and fill out a medication form with written instructions, including dosage, time/frequency of administration, method of administration, name and phone number of doctor, reason for medication, and any other pertinent information related to the medication or condition.*

Non-prescription medication will not be administered by staff.

Medication Forms can be pre-printed from the website or filled out at XL Counter.

## **Emergencies**

In case of emergency, XL Sports World staff will take immediate action to get campers the medical treatment needed while making every effort to contact you or the emergency contacts listed on your Day Smart Account. Should there be any changes in contact names or numbers, please update your Day Smart Recreation account accordingly.

## **Illness**

XL Sports World cannot provide care for sick children. If your child is sick before camp they should remain at home for his/her sake and the sake of others. If your child shows signs of illness or fever during program hours, you will be called to pick up your child.

## **PARENT RESPONSIBILITIES**

### **Support at Home**

Children's actions often reflect situations they are experiencing at home, and we understand that disruptions in home environments occur. If there are any significant changes in home life (i.e. arguments with siblings, parent divorce, death of a pet, etc.), please let us know so we can serve as a supporter for your child.

### **Supervision**

Please do not leave your child on-site before or after they are checked into the care of the camp staff unless he/she is under the care and supervision of a responsible adult.

### **Staff Interaction with Campers Outside of Camp**

XL Sports World strongly recommends that staff do not interact with program participants outside of the facility. This includes babysitting, phone/email communication, social media contact, etc. XL Sports World's staff should NOT transport children at any time unless approved as part of the camp program. Please do not ask staff members to provide care, supervision, or transportation for your child outside of camp.

### **Evaluations and Feedback**

Your feedback is important! We appreciate your comments, ideas, and input on how to make our program better. Please feel free to reach out if you have any questions, comments, or concerns. You can email Ana, the Youth Director at [ana@xlsportsworld.com](mailto:ana@xlsportsworld.com)



# CODE OF CONDUCT

## Approach to Discipline

XL Sports World staff members are trained to provide positive behavior management, teach peaceful peer-to-peer conflict resolution, and take a progressive approach to discipline. We attempt to determine the motivation of any child who is acting inappropriately and encourage them to take responsibility for their actions in an effort to keep all children physically and emotionally safe.

## Rules and Expectations

Children will be given the basic rules of safety and behavior expectations for each activity and for their time at XL Camp. The progressive discipline steps used for verbal altercations will be used at the discretion of the staff involved:

1. *Verbal warning, redirection*
2. *Temporary removal from the activity, redirection*
3. *Parent/Guardian contacted, parent/guardian conference at pickup*
4. *Parent/Guardian contacted, removed for the remainder of the day*
5. *Parent/Guardian contacted, evaluation with camp director*

***XL Sports World will not tolerate physical fighting. The progressive discipline steps used for physical altercations are as follows:***

1. *Parent/Guardian contacted, removed for the remainder of the day*
2. *Parent/Guardian contacted, evaluation with camp director*

## Threat to Safety

If a child is determined to be a threat to the safety of other children, staff members, or themselves, the child will be removed from the program immediately. Any incident of threat to safety can result in immediate termination from the program after a review of the incident.

## Refund Policy Related to Behavior Issues

If a child is removed from the camp for any period of time, including suspension or termination, no refund will be awarded for the camp week in which they are removed.

*XL's coaches are not specifically trained to care for children with special needs but will accommodate all campers to the best of their ability.*